

Do Anabolic Steroids cause aggression and Hostility? Essay

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Do Anabolic Steroids Have an effect on Aggression and Hostility?

Anabolic steroids have been heavily used amongst athletes since the 1950's; the purpose of using is to add muscle mass, speed, strength, and endurance. Anabolic steroids come in two methods, injectable forms and oral forms. Oral and injectable steroids metabolize in the body differently. Oral steroids include some different hormones than injectable steroids. Oral steroids can include, but not limited to, methyl [testosterone](#), fluoxymestrone, and stanozolol. Injectable steroids can contain, but not limited to, Trenbolone acetate, testosterone propionate, and stanozolol. Surveys have been taken and have shown that 80-100 of bodybuilders, weightlifters, and professional athletes have used or are using steroids. As the doses of steroids grow larger and larger, it has said to increase aggression, fatigue loss, less libido, and mood changes.

A study was carried out to determine whether or not these so called side effects were true. The study made using three weightlifters who had taken steroids for several years. Each of the participants was tested four times; one time off steroids, then two times on steroids, and one more time off of steroids. The experiment used a control group that consisted of three weightlifters that have never used steroids. The ages of the participants ranged from

21-29, and the years of training experienced ranged from 4-11 years. They wanted to find participants around the same age and the around the same experience level to ensure proper results and to try and limit factors that could potentially affect the outcome of the experiment.

Steroids are usually taken on a cycle. Most [anabolic steroid](#) cycles range from 3-11 weeks on the ...

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