

Importance of Communication in Relationships

The screenshot shows the EssayPro website homepage. At the top, the logo 'ESSAYPRO' is on the left, and navigation links 'How To Order', 'Reviews', 'About Us', and 'Write My Essay' are in the center. On the right, there are links for 'DBA: EPRO', 'Log In', and a blue 'Sign Up' button. The main banner features a student sleeping at a desk with a cup of pens. Text on the banner includes 'WRITING SERVICE AT YOUR CONVENIENCE', 'You - Send us your homework We - Do it all for you', and 'Grab your original paper for just \$10 per page with a free plagiarism report included'. A 'Write My Essay!' button is present. A 'Calculate the price' widget is overlaid on the right, showing options for 'Writing', 'Rewriting', and 'Editing'. The selected option is 'Writing'. Below it, 'Essay (any type)' is selected. 'College' is selected for the level, and '2 weeks' for the deadline. The word count is set to '1 page / 275 words'. 'Double spaces' is selected. The price shown is '\$11.4' with a fire icon. A 'Write My Paper' button is at the bottom of the widget. Below the banner, three review sections are shown: 'EssayPro Reviews' with a 4.9 rating, 'ResellerRatings' with a 4.9 rating, and 'Sitejabber' with a 4.8 rating. At the bottom, a link is provided: 'LINK => <http://787787.com/writing-service?438566582>'.

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Communication plays a significant role in a relationship. Communication is one of the most important traits that relationships must possess in order to be successful. The lack of communication within a relationship will more than likely result in the relationship coming to an end. Oftentimes relationships fall apart because the two parties fail to communicate to resolve problems and important issues regarding their commitment to one another.

Self-disclosure

Self-disclosure is one of the greatest ordeals in any relationship. Individuals have to be very open-minded in their relationships and be willing to discuss their feelings. The feelings could include any fears or any doubts they may have about themselves. Those are the things that better the [communication](#) in the relationship as individuals are able to discuss their deepest feelings with one another and even uplift and encourage each other when needed. Michelle L. Crowe claims that “emotions are considered inherently meaningful processes that reflect themes capturing an individual’s relationships” (2012). When couples share their emotions with each other they are able to discover new traits about each other, which in return helps their relationship grow stronger. Couples that are in the phase courtship and both displaying self-disclosure are more likely to develop a successful relationship as “[a] couple’s average self-disclosure score [is] positively correlated with self-satisfaction and relationship satisfaction” (Kito, 2005, 129). Significant

others that possess similar personality traits tend to work efficiently on self-disclosure in a relationship. Demonstrating in research, O'Mahn, Beach, and Tesser found that as closeness heightens performance concerns and because s...

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...Works Cited

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