

Junk Food Essay

The screenshot shows the EssayPro website homepage. At the top left is the EssayPro logo and navigation links: "How To Order", "Reviews", "About Us", and "Write My Essay". At the top right are links for "DBA: EPRO", "Log In", and "Sign Up". The main banner features a student sleeping at a desk with a cup of pens. The text reads: "WRITING SERVICE AT YOUR CONVENIENCE", "You - Send us your homework", "We - Do it all for you", and "Grab your original paper for just \$10 per page with a free plagiarism report included". A "Write My Essay!" button is present. A "Calculate the price" calculator is overlaid on the right, showing options for "Writing", "Rewriting", and "Editing", with "Writing" selected. It also shows "Essay (any type)", "College", "2 weeks", "1 page / 275 words", "Double spaces" selected, and a price of "\$11.4" with a "Write My Paper" button. At the bottom of the banner, it says "NO MORE SLEEPLESS NIGHTS... 100% PLAGIARISM-FREE ESSAYS. ANY TOPIC OR DIFFICULTY CAN BE HANDLED!". Below the banner are three review sections: "EssayPro Reviews" with a 4.9 rating, "ResellerRatings" with a 4.9 rating, and "Sitejabber" with a 4.8 rating.

LINK => <http://787787.com/writing-service?433641566>

Junk food is a contemptuous slang term for the food that is of minute value of nutrition. This kind of food is usually high in sugar, calories, salt, and fat. The fast food and junk foods characteristically comprise of high levels of calories from fat or sugar with diminutive minerals, proteins, and vitamins. Generally, the foods that are considered as junk foods comprise of candy, gum, fried fast foods, salted snack foods, sugary carbonated beverages, and sweet desserts. A number of foods like the tacos, hamburgers, and pizza can be regarded as either junk food or healthy depending on their methods of preparation and ingredients. Usually items that are more highly processed are considered as junk food or fall in the category of fast food. The category of junk food also depends on the social status and class of the person eating it (Farsab). In this manner, the wealthier people tend to have a wide-ranging definition of the junk food. On the other hand, people having lower income may consider less number of foods as fast and junk food particularly ethnic foods. The nutrition of fast food should make up a negligible and smallest part of a healthy and well diet. The junk foods and fast foods are very high in sodium, fat, and sugar. These kinds of foods can lead to obesity and a number of attendant dilemmas of health which includes the arthritis, diabetes, and heart disease (Cobb, 2006). The paper will discuss the disadvantages of junk food in addition the facts related to it. Junk food and fast food is made up of huge amounts of excess fat, so that as excess fat builds up inside people,

people are going to put on more weight and can come to be heavy. Greater fat individuals gain, the greater they can be in danger pertaining to severe..... middle of paperne.

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