

Kids and Nutrition Essay

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Investigate stage

The main task for this unit is to make sandwiches for 15 Pre K students at AIS that are going on a field trip to Kidzania at an unknown time. The students need sandwiches that would taste good, be healthy and at the same time the sandwiches must not get ruined. The children need sandwiches for their fieldtrip because they need something to eat so that they can stay happy, and so that they can have a good time in Kidzania. This essay will be discussing how research could be used to plan a task as simple as making a sandwich.

In this problem there are 3 main types of people who care about the 15 Pre K students getting something to eat. First there are the teachers, the teachers care about this problem a lot because when children at around that age (which is 3 years old) get hungry, they start yelling, crying, and fighting with each other and that is just a sign of them getting cranky because of the fact that they haven't eaten for a while or that they don't like what they are [eating](#). Then another reason that the teachers care about the sandwiches is that if the children get some type of food that they are allergic to, it will be the teacher's responsibility to look after that child and it would be blamed on the teachers. Finally if the children get sandwiches with too much sugar, they will start being hyper and start running and jumping all over the place and the teachers would have to start running after them.

Basically the teachers do not want to have to look after every student individually and worry/deal with so many problems on a fieldtrip that is supposed to be fun. Another important type of people that care about the sandwiches that the Pre K children are eating is the parents of the children. Each studen...

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...so put inside the sandwich?

3. Did it make you full?
4. What would you take out of the sandwich?
5. Was it easy to eat the sandwich.

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